

PORTO
POCKET GUIDE



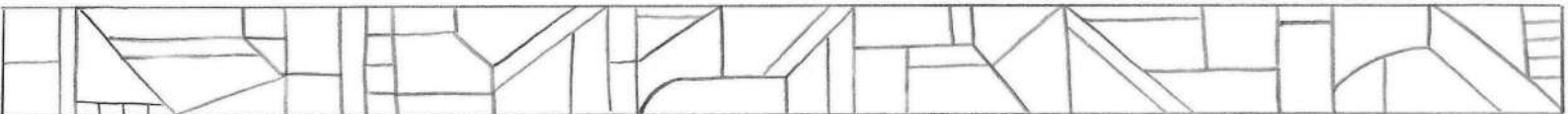
ANDO
Living



WELCOME TO PORTO

*We are Ando Living, your local friend who will ensure you have
a taste of all the best things the city has to offer
and feel the pride we have for our neighbourhoods.*

Eat & Drink 01 | Shopping 02 | Art Galleries 03 | Wellness 04





THE BEST START OF YOUR DAY

BREAKFAST
BRUNCH
COFFEE
ICE CREAM

BREAKFAST & BRUNCH

Camélia - Brunch Garden
Campo Alegre neighborhood
Known for its garden atmosphere and extensive brunch options, recommended by Raquel Moleiro Project Manager at Ando Living.
Rua do Passeio Alegre 368, 4150-571 Porto

CA Downtown
Brunch & Specialty Coffee
Centro Histórico neighborhood
A stylish spot for specialty coffee and delicious brunch menus.
Praça de Carlos Alberto 89, 4050-158 Porto

Do Norte Café by Hungry Biker
Centro Histórico neighborhood
A cozy café popular for brunch and breakfast with a laid-back vibe.
Rua do Almada 57/59, 4050-036 Porto

Lazy Breakfast Club
Centro Histórico neighborhood
Perfect for a leisurely breakfast or brunch with a modern twist.
Rua Das Oliveiras 110, 4050-449 Porto

NOLA Kitchen
Centro Histórico neighborhood
Great for healthy, fresh meals and brunch with a focus on quality ingredients.
Praça D. Filipa de Lencastre 25, 4050-259 Porto

COFFEE & ICE CREAM LOVERS

Combi
Centro Histórico neighborhood
A specialty coffee roastery and café, loved for its high-quality coffee.
Rua Morgado Mateus 29, 4000-334 Porto

Fábrica Coffee Roasters
Centro Histórico neighborhood
A must-visit for coffee enthusiasts with exceptional coffee and pastries.
Rua de José Falcão 122, 4050-315 Porto

Gelataria Portuense
Centro Histórico neighborhood
Artisan gelato made with local, high-quality ingredients.
Rua do Bonjardim 136, 4000-114 Porto

Majestic
Centro Histórico neighborhood
Historic city café known for its stunning Belle Époque decor.
Rua de Santa Catarina 112, 4000-442 Porto

Santini
Centro Histórico neighborhood
Iconic Portuguese gelato brand with amazing flavors.
Rua das Flores 87, 4050-266 Porto

Simpli Coffee Porto
Centro Histórico neighborhood
Known for its minimalist vibe and excellent specialty coffee.
Praça de Dom João I 39, 4000-259 Porto

SO Coffee Roasters
Centro Histórico neighborhood
A premium spot for expertly brewed coffee and roasted beans.
R. de Sá de Noronha 119, 4050-528 Porto

The Coffee
Passeio Alegre neighborhood
A favorite for coffee lovers with a focus on high-quality brews.
Rua do Rosário 220, 4050-522 Porto





PORTUGUESE MUST DO

RESTAURANTS

"TASCAS" PORTUGUESE TYPICAL FOOD

A Cozinha do Manel
Bonfim neighborhood
Classic Portuguese "tasca" with traditional dishes.
Rua do Heroísmo 215, 4300-255 Porto

Casa dos Presuntos "Xico"
Bonfim neighborhood
Rustic restaurant serving traditional meats and regional specialties.
Rua do Heroísmo 191, 4300-258 Porto

Casa Guedes
Centro Histórico neighborhood
Famous for its mouth-watering pork sandwiches, an iconic Porto bite.
Praça dos Poveiros 130, 4000-393 Porto

Cervejaria Gazela
Centro Histórico neighborhood
Known for its hot dogs, this spot offers a taste of authentic Porto.
Travessa Cimo de Vila 4, 4000-434 Porto

Voltaria
Centro Histórico neighborhood
A hidden gem serving local delicacies in a quaint setting.
Rua de Afonso Martins Alho 109, 4050-018 Porto

TIMELESS CLASSICS

Cantina 32
Centro Histórico neighborhood
Creative Portuguese cuisine in a stylish and relaxed setting.
Rua das Flores 32, 4050-262 Porto

Cruel
Centro Histórico neighborhood
Ideal for adventurous food lovers.
Rua da Picaria 86, 4050-447 Porto

Venham mais 5
Centro Histórico neighborhood
Cozy spot serving authentic Portuguese petiscos in a lively atmosphere.
Rua de Santo Ildefonso 219, 4000-470 Porto

FADO

A Casa do Fado - Sé
Centro Histórico neighborhood
A traditional fado house offering live music and an authentic cultural experience.
Rua da Bainharia 60, 4000-081 Porto

Casa da Guitarra
Centro Histórico neighborhood
Known for live fado performances and a celebration of Portuguese string instruments.
Avenida Vimara Peres 51, 4000-545 Porto

Fado no Porto
Centro Histórico neighborhood
Great spot to experience soulful Portuguese fado music.
Rua da Madeira 146, 4000-330 Porto





THE BEST WAY TO FINISH YOUR DAY

RESTAURANTS

OUR TRENDY SELECTION

Flow Restaurant & Bar

Centro Histórico neighborhood

A sleek venue combining international cuisine with an impressive cocktail bar.

Rua da Conceição 63,
4050-215 Porto

Mistu Restaurant

Centro Histórico neighborhood

A fusion spot perfect for those seeking an eclectic and flavorful dining experience.

R. do Comércio do Porto 161,
4050-430 Porto

O Cantinho do Avillez

Centro Histórico neighborhood

Michelin-starred Chef José Avillez's Porto location.

Rua de Mouzinho da Silveira 166,
4050-416 Porto

O Carniceiro

Centro Histórico neighborhood

A meat lover's paradise, known for its high-quality cuts.

Rua do Ateneu Comercial do Porto 13,
4000-092 Porto

Yakuza by Olivier

Centro Histórico neighborhood

A chic Japanese restaurant offering sushi and Asian fusion dishes.

Avenida dos Aliados 151,
4000-067 Porto

DINING EXPERIENCES

Almeja

Centro Histórico neighborhood

A modern bistro offering seasonal dishes with a focus on sustainability.

Rua Fernandes Tomás 819,
4000-219 Porto

Apego Restaurante

Centro Histórico neighborhood

A contemporary spot where traditional Portuguese flavors are reimaged.

Rua de Santa Catarina 1198,
4000-447 Porto

Blind

Centro Histórico neighborhood

Perfect for foodies looking for a blind gastronomic experience.

Rua de Entreparedes 40,
4000-197 Porto

Chama

Centro Histórico neighborhood

A hidden gem with a focus on fire-cooked dishes.

Rua dos Caldeireiros 111,
4050-140 Porto

Fava Tonka

Centro Histórico neighborhood

A stylish eatery known for its refined take on vegetarian food, located near the sea.

Rua Santa Catarina 86,
4450-635, Leça da Palmeira

Vinum

Vila Nova de Gaia neighborhood

A restaurant with stunning Douro River views, paired with exquisite fine wines.

Rua do Agro nº 141 (Caves Graham's)
4400-003 Vila Nova de Gaia



FAVA TONKA



RELAX AND ENJOY A DRINK LIKE A LOCAL

BARS
ROOFTOPS
WINE



TERRACE LOUNGE

BARS

Base

Centro Histórico neighborhood

Open-air garden bar in the heart of Porto, perfect for relaxing

Quiosque Jardim, Passeio dos Clerigos,
R. das Carmelitas 151, 4050-163 Porto

Terraplana

Centro Histórico neighborhood

Stylish cocktail bar with a chill vibe and great drinks, recommended by Miguel Marinho Soares Head of Portugal at Ando Living

Avenida de Rodrigues de Freitas 287,
4000-421 Porto

Torto - Bar & Cocktails

Centro Histórico neighborhood

Trendy cocktail bar, great for creative drinks and a fun atmosphere

Rua de José Falcão 199, 4050-199 Porto

ROOFTOPS

Intrigo

Centro Histórico neighborhood

Trendy bar with stunning views of the Douro River

Rua de Tomás Gonzaga 90, 4050-605 Porto

Rooftop das Flores

Centro Histórico neighborhood

Rooftop bar offering panoramic city views

Rua da Vitória 177, 4050-634 Porto

Miradouro Ignez

Passeio Alegre neighborhood

A scenic viewpoint bar perfect for enjoying Porto's skyline

Rua da Restauração 252, 4050-592 Porto

Douro Sky Lounge

Passeio Alegre neighborhood

Rooftop lounge overlooking the Douro River

Alameda de Basílio Teles 29, 4050-015 Porto

Terrace Lounge 360°, Espaço Porto Cruz

Vila Nova de Gaia neighborhood

Iconic rooftop space with unbeatable 360° views of Porto and Gaia

Largo Miguel Bombarda 23 4400-222 Vila Nova de Gaia

WINE LOVERS

Aduela

Centro Histórico neighborhood

Cozy wine bar popular among locals and tourists

Rua das Oliveiras 36, 4050-448 Porto

Candelabro

Centro Histórico neighborhood

Charming bar known for its books, drinks, and relaxed vibe

Rua da Conceição 3, 4050-215 Porto

Capela Incomum

Centro Histórico neighborhood

A unique wine bar set in a former chapel with a beautiful setting

Travessa do Carregal 77, 4050-167 Porto

Mind the Glass

Centro Histórico neighborhood

A wine and tapas bar with an excellent selection of wines

Praça de Gomes Teixeira 36, 4050-161 Porto

Original Eco Mercado

Centro Histórico neighborhood

Natural Wine Store that features a selection of natural and biodynamic wines made in Portugal

Rua da Alegria 165D, Porto

Wine Quay Bar

Centro Histórico neighborhood

A small wine bar with gorgeous views of the river and an excellent selection of Portuguese wines

Cais da Estiva III, 4050-080 Porto



SHOPPING

FASHION & SOUVENIRS

Claus Porto

Centro Histórico neighborhood

Portuguese luxury bath & body products

R. das Flores 22, 4050-262 Porto

Livraria Lello

Centro Histórico neighborhood

Bookstore

Rua das Carmelitas 144, 4050-161 Porto

LoT - Labels of Tomorrow

Centro Histórico neighborhood

Concept store selling cosmetics, art, clothing, and food.

Rua de José Falcão 144, 4050-315 Porto

MUD - Manufacture Under Design

Centro Histórico neighborhood

Portuguese handmade products

R. de Sousa Viterbo 99, 4050-593 Porto

Nu Concept Store

Centro Histórico neighborhood

Ceramic store

Rua de Sá da Bandeira 540,

4000-226 Porto

WoW

Vila Nova de Gaia neighborhood

Museum, Restaurants and stores.

Rua do Choupelo 39,

4400-088 Vila Nova de Gaia

WINE & GOURMET GROCERIES

A Favorita do Bolhão

Centro Histórico neighborhood

Gourmet grocery

Rua de Fernandes Tomás 783,

4000-218 Porto

Comer e chorar por mais

Centro Histórico neighborhood

Gourmet grocery

Rua Formosa 300, 4000-248 Porto

O Pretinho do Japão

Centro Histórico neighborhood

Gourmet grocery, wine cellar, Outdoor terrace

Rua do Bonjardim 496A, 4000-118 Porto

MARKETS

Mercado do Bolhão

Centro Histórico neighborhood

Porto's most iconic market offering fresh, local flavors.

Rua Formosa 322, 4000-248 Porto

Bom Sucesso Market

Campo Alegre neighborhood

Lively market offering gourmet food stalls, ideal for sampling local products.

Praça do Bom Sucesso 74-90,

4150-145 Porto

Time Out Porto

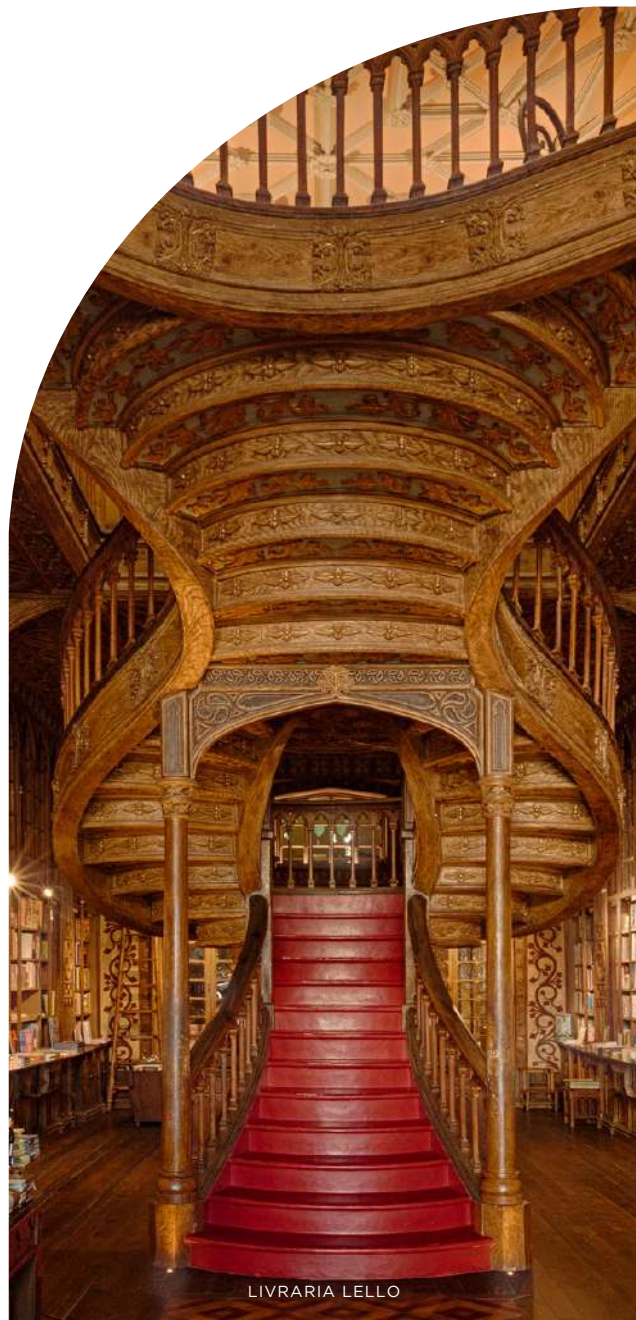
Centro Histórico neighborhood

Porto's edition of the famous Time Out Market, in the beautiful São Bento station.

Ala Sul da Estação Ferroviária de São Bento,

Praça de Almeida Garrett

4000-069 Porto



LIVRARIA LELLO



ART GALLERIES

Fernando Santos

Centro Histórico neighborhood

Known as the city's cultural artery, it's main objectives are to publicise projects and contemporary artists, curators, institutions and audiences.

Rua Miguel Bombarda 526, 4050-379, Porto

Kubikgallery

Centro Histórico neighborhood

Was founded as a space for publicising art, with the main aim of representing Portuguese and foreign artists.

Rua da Restauração 10, 4050-499 Porto

Galeria Presenca

Centro Histórico neighborhood

The gallery is committed to a permanent interchange of ideas with institutions, curators, critics, collectors and all involved in the art world in order achieve a broader divulgation of its artists.

Rua de Miguel Bombarda 570, 4050-379 Porto

Tilsitt Gallery

Centro Histórico neighborhood

Contemporary art gallery, committed to showing a rich selection of local and international artists, emerging or confirmed.

Rua de Miguel Bombarda 171, 4050-381 Porto



FERNANDO SANTOS



WELLNESS



GYM

Kinetic Studio

Centro Histórico neighborhood
Personal training / Group classes
Nutrition / Workshops
Rua da Alegria 332,
4000-035 Porto

Ekilibrium Pilates Studio

Paranhos neighborhood
Pilates / Hatha yoga / Vinyasa Yoga
Ashtanga Yoga / Barre
Rua Aval de Cima 139,
4200-107 Porto

PERSONAL TRAINING

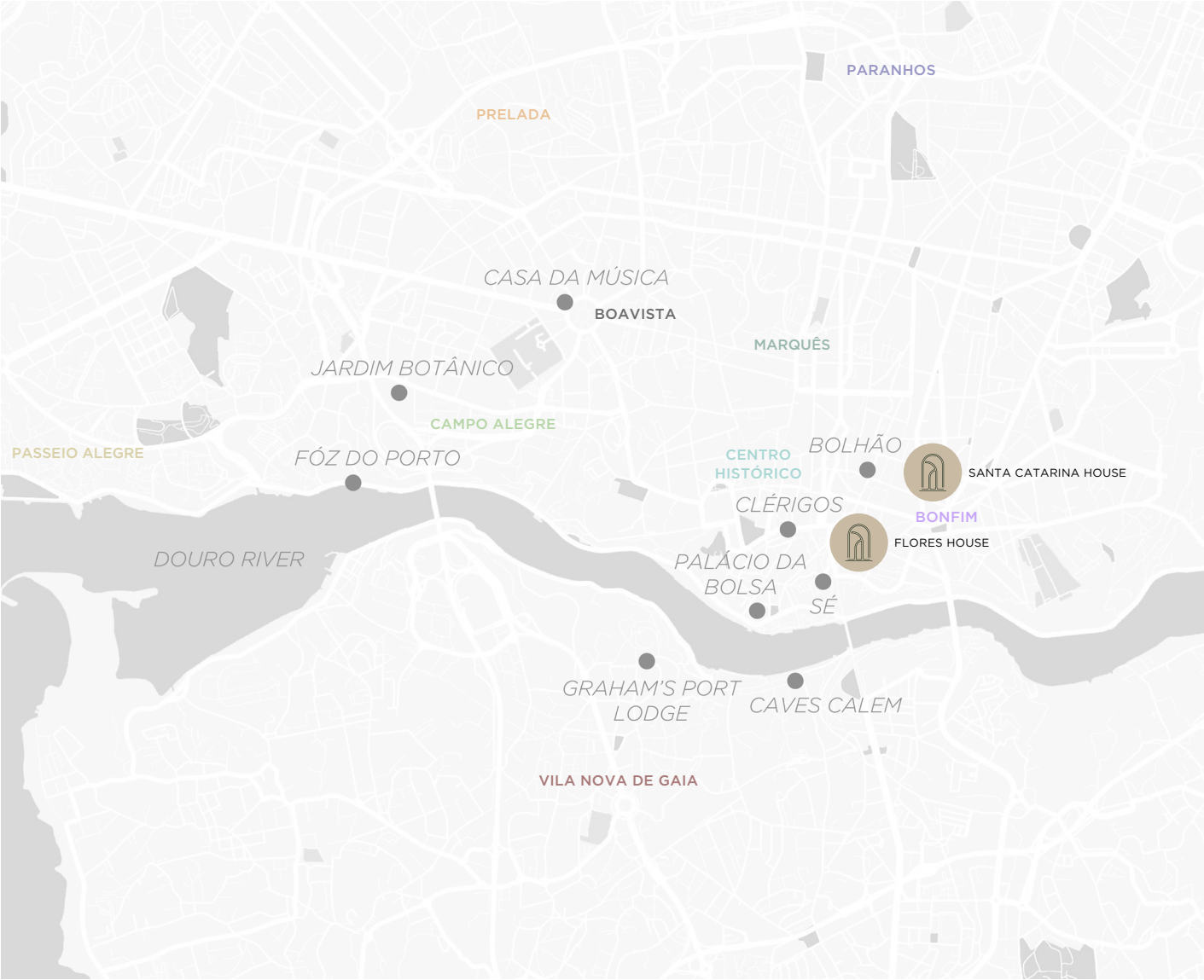
PÛLSE

Centro Histórico neighborhood
Personal training
Rua de Santa Catarina 375
sala 24 2º andar, 4000-451 Porto

SQUAD Porto

Centro Histórico neighborhood
Crossfit / Hyrox / Personal training
Pilates / Yoga
Rua da Boavista 410
4050-103 Porto

PORTO NEIGHBOURHOOD MAP





JUST IN CASE

HOSPITAL

Hospital de Santo António
*Public** **Campo Alegre neighborhood**
R. Dr. Tiago de Almeida, 4050-342 Porto

Hospital CUF Trindade
*Private** **Centro Histórico neighborhood**
Rua da Trindade 115 4000-541 Porto

Hospital São João
*Public** **Paranhos neighborhood**
Rua Dr. Roberto Frias 4200-319, Porto

POLICE

PSP
Tourism Police Station
Centro Histórico neighborhood
Praça de Pedro Nunes 16, 4050-466 Porto

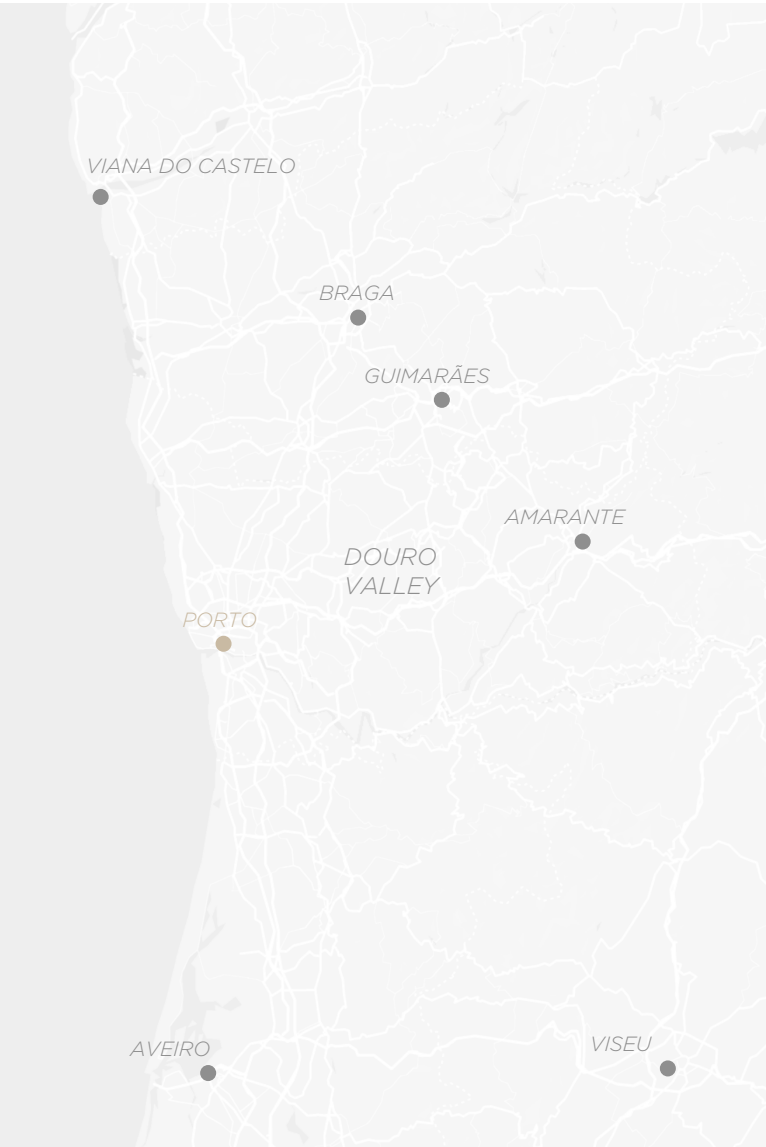
At the Tourism Police Stations you will find police officers specially prepared to communicate in different languages and provide support to tourists.

PHARMACY 24h/7

Farmácia Barreiros
Boavista neighborhood
Rua Serpa Pinto 12,
4050-582 Ramada Alta

Farmácia Porto
Boavista neighborhood
Estrada da Circunvalação 14075
4100-179 Ramalde

Farmácia São João
Boavista neighborhood
Estrada da Circunvalação 7698
4200-162 - Porto



PORTO GETAWAYS

Amarante - 40 minutes by car

A charming town with beautiful river views and traditional Portuguese architecture. Don't miss the São Gonçalo Church and visit the Amadeo de Souza-Cardoso Museum.

Aveiro - 1 hour by car

Often called the "Venice of Portugal," Aveiro is famous for its canals, colorful Moliceiro boats, Art Nouveau architecture and Ovos Moles, a local sweet delicacy.

Braga - 40 minutes by car

Known as the "Rome of Portugal," Braga boasts a rich religious history with magnificent churches and sanctuaries, including the famous Bom Jesus do Monte.

Douro Valley - 1 hour 30 minutes by car

Douro Valley is renowned for its breathtaking landscapes and world-class wine production. Enjoy a river cruise or visit one of the many vineyards.

Guimarães - 40 minutes by car

The birthplace of Portugal, this city offers a journey through medieval times with its well-preserved castle and historic center.

Viana do Castelo - 1 hour by car

Discover stunning beaches, the iconic Santa Luzia Basilica, and a rich cultural heritage in this coastal city. Don't miss the chance to see outstanding portuguese filigrana.

Viseu - 1 hour 30 minutes by car

A historic city with a well-preserved old town, the impressive Viseu Cathedral, and vibrant local markets.

WE ALSO HAVE ANDO LIVING APARTMENTS IN LISBON, JUST 3 HOURS BY CAR, AND ISTANBUL. VISIT US!



PORTUGUESE ESSENTIALS

ESSENTIAL PHRASES



*Do you speak English?
I don't understand
How much does it cost?
Where is...?
The bill, please
Help!*



*Fala inglês?
Não entendo
Quanto custa?
Onde fica...?
A conta, por favor
Ajuda!*



*Hello
Good morning
Good afternoon
Good evening/night
Thank you (if you're male)
Thank you (if you're female)
Please
Excuse me/Sorry
Yes
No*



*Olá
Bom dia
Boa tarde
Boa noite
Obrigado
Obrigada
Por favor
Desculpe
Sim
Não*

BECOME A LOCAL WITH THESE WORDS



*Expresso
Coffee with a "drop" of milk
Pint of beer
Small bread roll
Ticket inspector
Frying pan
Padlock
Sneakers
Handbag
Lazy person
Hanger*



*Cimbalino
Pingo
Fino
Molete
Revisor/Fiscal
Sertã
Aloquete
Sapatilhas
Carteira
Sostra
Cruzeta*



*Bus
Train
Subway/Metro
Airport
Hotel
Restaurant
Left/Right/Straight
Entrance/Exit*



*Autocarro
Comboio
Metro
Aeroporto
Hotel
Restaurante
Esquerda/Direita/Em frente
Entrada/Saída*



PORTUGUESE MUST KNOW

Bread and Cover Charges

Bread, olives, and other small appetizers are often brought to the table before the meal, but they're not free. If you don't want them, politely decline to avoid being charged.

Driving

In Portugal, you drive on the right side of the road. Roads are generally in good condition, but be aware that rural roads can be narrow and winding. Renting a car is a great way to explore the countryside, but be cautious when driving in historic city centers due to narrow streets and limited parking.

Language

English is widely spoken, especially in tourist areas, hotels, and by younger generations. Many road signs and menus also have English translations. While you can usually get by with English, locals appreciate it if you try a few words in Portuguese. On the following pages we'll give you a help.

Public Transportation

Porto has extensive public transportation networks, including buses, trams, and metros. Purchase the rechargeable public transport card for convenience.

Radio

In Portugal you have an english speaking radio called Kiss FM at 95.8 MHz.

Tipping Culture

Tipping is appreciated but not obligatory. In restaurants, rounding up the bill or leaving a tip of around 5-10% is common, especially if the service was good. Tipping is not expected in cafes or bars. However, if you're in a fancy high-end place, you should plan on tipping. Rounding up the fare is also common practice when taking a taxi or rideshare.

Cash vs. Card

Credit and debit cards are widely accepted, but some smaller shops, cafés, or rural areas might prefer cash. Always carry a bit of cash, especially for small purchases or in more remote areas.

Electricity and Plugs

Voltage: Portugal operates on a 230V supply voltage.
Plugs: The standard plug types are C and F, both with two round pins. Bring a power adapter if your devices use a different plug type or voltage.

Personal Space and Greeting

Portuguese people may stand closer during conversations compared to some other cultures. It's common to greet with a handshake, and among friends, women often greet with two kisses on the cheeks. Don't be surprised if someone stands close when talking or offers a friendly kiss on the cheek.

Punctuality

In Portugal, people are generally relaxed about time. It's common for locals to arrive a little late, especially for social gatherings. However, punctuality is more expected in professional settings.

Smoking

Smoking is banned in most indoor public places, including restaurants and bars, though some venues have designated smoking areas. Look for signs indicating where smoking is permitted, and be aware of outdoor no-smoking zones, such as near schools or playgrounds.

Toll Roads

Many highways in Portugal have tolls, which can be paid manually or electronically. If renting a car, opt for the electronic toll device (Via Verde) to automatically pay tolls without stopping.

